

Article

An Active Power Control Technique for Downlink Interference Management in a Two-Tier Macro–Femto Network

Tehseen Ul Hassan * and Fei Gao

School of Information and Electronics, Beijing Institute of Technology, Beijing 100081, China; gaofei@bit.edu.cn

* Correspondence: tehseen@bit.edu.cn; Tel.: +86-010-6891-7546

Received: 21 March 2019; Accepted: 25 April 2019; Published: 29 April 2019



Abstract: The femtocell has evolved as a great solution for improving coverage and traffic offloading from the current LTE cellular networks, and it accomplishes the dreams of the high data rate for indoor mobile users. However, the exponentially expanding LTE femtocells cause interference in the network, as they share the same licensed spectrum with a macrocell. To tackle this issue, numerous interference mitigation techniques have been proposed in the literature. In this paper, we proposed an Active Power Control (APC) technique, which not only reduces Inter-Cell Interference (ICI) in a Macro User Equipment (MUE), generated from the downlink transmission power of an inadequately deployed femtocell, but also reduces unnecessary power consumption to achieve a green femtocell network. The simulation results show that the proposed APC technique effectively reduces ICI and optimizes the throughput performance of the MUE. Compared with the existing power control techniques, the APC technique provides a balanced trade-off in attaining necessary Quality-of-Service (QoS) of the Femto User Equipment (FUE) and reducing ICI to the victim MUE existing in the close proximity of the femtocell.

Keywords: active power control; Signal-to-Interference-plus-Noise-Ratio; inter-cell interference; femto user equipment; macro user equipment; path loss; green Impact and CO₂ emission

1. Introduction

The rapidly expanding demand for higher bandwidth, coverage and data rate in the mobile network has been a great stimulant to develop system capacity. The overlaid femtocell over macrocell in the heterogeneous network (HetNet) is a promising technology to accomplish the dreams of greater coverage, high efficiency and enhance the capacity of the cellular network. Femtocell is an energy efficient base station also called Femto Base Station (FBS) [1]. The femtocells are specifically designed for an indoor environment to enhance the capacity and quality having coverage of 10–20 m, named femto access point (FAP) [2]. The FAP shares the same licensed frequency spectrum with macrocell as it connected to the mobile operator's network using public infrastructure such as broadband internet backhaul [3]. Traffic offloading from the LTE cellular network is currently a widely used method to manage exponentially increasing data traffic [4]. A femtocell is a promising candidate in this regard, as 45% of the mobile data traffic is offloaded through the femtocell because most of the data traffic originates from the indoor environment [5]. It is expected that, in the near future, indoor environments like schools, airports, homes, and offices will generate 60% and 90% of voice traffic and data traffic, respectively [6]. Although femtocells are deployed in the existing macrocell network to enhance network coverage in an indoor environment, the User Equipments (UEs) connected to them might be indoor or outdoor, depending on their location [7].

One of the attractive features of the femtocell is the access style. Three kinds of access control modes exist for the femtocell, i.e., closed, hybrid and open access modes. In the closed access mode, no

other user can access femtocell services except for a Closed Subscriber Group (CSG) [8]. In the hybrid access mode, the CSG is prioritized over all other users, whereas in open access mode, all users i.e., OSG (Open Subscriber Group) can enjoy the service of the femtocell [9,10]. The access control mode plays an important role in terms of interference, i.e., the Inter-Cell Interference (ICI) is worse in the CSG mode [11].

The overlaid femtocell over macrocell in the two-tier heterogeneous network, where a macrocell base station (also known eNB), works as a primary system and the Femto Base Station (also known as HeNB) as a secondary system. The two systems share the same frequency spectrum and work in a frequency reuse fashion [12]. The deployment of the femtocell has a massive role to manage interference in the two-tier network [13]. Inadequately deployed femtocell by users has lack of coordination with the macrocell. Normally the operator does not control such femtocells. The inter-cell interference becomes worse when the user deploys the femtocell in an ad-hoc style and moves it from one place to another. This can dramatically deteriorate the performance of the whole system by causing interference to cell edge Macro User Equipment (MUE) [14].

High transmission power of the femtocell enhances indoor coverage area and better signal strength; on the contrary, it causes a great amount of interference to the victim MUE existing in the coverage area of the femtocell. The interference is much worse when the MUE has the lower signal strength from the macrocell as compared to signal power from the femtocell [15]. This type of interference causes severe QoS degradation of the system, packet loss, transmission delay, and communication link failure. Besides the interference, high transmission power increases the atmospheric Carbon Dioxide (CO₂) concentrations. The findings in the [16], show that the Information and Communication Technology (ICT) produces around 830 million tons of CO₂ every year and is expected to double by 2020, which means more energy waste since carbon emission is a straightforward result of energy usage in the world, especially when we know that the main components of heterogeneous networks, which are the Macro Base Stations (MBSs) and FBSs, since the number of these stations in every country is growing exponentially. This means the rising demand of energy consumption increases carbon emission in the environment [17]. Thus, HeNB power should be carefully tuned for reducing the CO₂ emissions but still maintaining QoS of the user. In this scenario, adaptive, active and cognitive resources management techniques can be the advanced solution rather than conventional resources management and customary cell planning [18,19].

In this paper, we proposed an Active Power Control (APC) technique, which not only reduces ICI to the victim MUE, generated by the downlink transmission power of the abysmal set up of femtocell, but also reduces unnecessary power losses by actively tuning its downlink transmission power. Although femtocells are low powered base stations, these power savings are crucial for the green deployment of femtocells, especially for dense deployment of femtocells that would result in increasing the total network consumption as millions of femtocells are expected to be deployed in the next few years. The simulation results show that the proposed APC technique effectively reduces the ICI and optimizes the throughput performance of MUE. Compared with the power control techniques based on the objective Signal-to-Interference-plus-Noise-Ratio (SINR) of Femto User Equipment (FUE), the MUE-assisted power control technique and range-based power control technique, the APC technique provides a balanced trade-off in attaining necessary Quality-of-Service (QoS) for FUE and mitigation of ICI to the macro user existing in the close proximity of the femtocell.

The rest of the paper is arranged in the following sections. Related work and the system model are discussed in Sections 2 and 3, respectively. In Section 4, we discussed the existing power control techniques, whereas we presented the proposed Active power Control Technique (APC) in Section 5. We analyze the performance of the proposed and the existing approaches by conduction of simulation in Section 6. Finally, in Section 7, we draw a conclusion.

2. Related Work

Recently, numerous techniques have been presented in the literature to control downlink transmission power of the femtocell. In [20], a distributed joint resource allocation algorithm has been proposed to mitigate ICI in the two-tier femto-macro network. This algorithm consists of spectrum sensing, transmission mode selection and channel state information (CSI) estimation. The cognitive femtocell senses the unused slots and assigns a set of slots for each user. The slot allocation works well in conjunction with power allocation centred on geometric programming to enhance the overall performance of the system. In [21], the proposed algorithm gradually reduces the downlink transmission power, whenever they informed about a cell edge macrocell users getting interference from its transmission power. This interference avoidance technique works when it receives information about MUE in the vicinity of the femtocell. Interference avoidance technique enables to deploy multiple femtocells in an indoor environment with higher capacity. The author presented cross-tier signal-to-leakage-plus-noise (SLNR) based Water Filling (CSWF) power allocation algorithm [22] for the mitigation of interference from the femtocell to the macrocell users. Cross-tier SLNR method reduces the major part of cross-tier downlink interference by using a modified Water Filling (WF) power allocation algorithm to determine the transmission power for each Resource Block (RB) of the femtocell. Cognitive power control technique in [23] used to address the interference problem from a femto base station to the nearby macrocell users. The FBS has the ability to sense its surrounding in terms of spectrum sensing and obtain the required information about downlink radio resources of a macrocell user. The FBS then tunes its transmission power efficiently and enhances the system capacity by mitigating interference. In [2], the Stochastic Approximation (SA) algorithm for downlink power control based on the information received through macrocell signalling. The femtocell then updates its downlink transmission power based on this information. The adjustment of Downlink (DL) power is based on the Channel Quality Indicator (CQI) and the ACK/NAK signal. A dynamic power tuning technique presented in [24] is used to tackle the downlink interference from HeNB to MUE. The HeNB tunes its downlink power based on information received from the interfered MUE. This interference mitigation technique helps to reduce the consumption of power and enhance the throughput of MUE. The MUE exists in the close proximity of HeNB, and receives interference from HeNB, to reduce such interference; a power control scheme proposed in [25] based on network listening. In [26], a novel scheme is proposed for interference mitigation in downlink cognitive femtocell networks, which is called joint channel allocation and power assignment. This scheme aims to reduce interference from the femtocell to MUEs and co-tier interference by collaboratively allocating power resources and channels between several femtocells; it depends on the Physical Cluster (PC) and the Virtual Cluster (VC). The writer also presented subcarrier power allocation and a VC-based power budget adjustment algorithm and Hungarian algorithm to better allocation of resources, minimize both co-tier and cross-tier interference in the femtocell. In [27], distributed coordination techniques in the DL of macrocells for controlling ICI caused by a femtocell in two-tier networks, where opportunistically reuse resources is an inherent requirement. The technique emphasis is on the autonomous operation of femtocell by self-organizing deployment. In [28], the downlink power control scheme presented to reduce the interference caused by a femtocell to its neighboring cell users. The femtocell will adjust the minimum transmit power on the basis of partial path-loss compensation which helps to reduce interference to adjacent cells and its users, that maintain the SINR level and assuages the required Quality-of-Service (QoS) of femtocell user. To minimize the interference caused by femtocells to MUEs in the downlink, a distributed Reinforcement Learning (RL) technique is used in [29], which is also called Distributed Power Control using Q-learning (DPC-Q). This technique identifies the sub-optimal pattern of power allocation in cognitive femtocell networks for increasing femtocell capacity. Independent Learning (IL) and Cooperative Learning (CL) approaches are applied to enhance performance.

3. System Model

The two-tier macro–femto heterogeneous network is where a macrocell and femtocell work as an essential primary system and secondary system, respectively, both systems share the same frequency ($f = 2$ GHz) spectrum [30]. P_M represents the downlink transmission power of the eNB. Similarly, the HeNBs transmit with a fixed power P_F . In the LTE-Advanced (LTE-A) network, the system resources are divided along time slots and frequency sub-carriers. These resources are scheduled or distributed to users in units of Physical Resource Blocks (PRBs). We assume that the K PRBs are distributed uniformly among the MUEs in the macro-cell and the same resources are reused within each femtocell. In this paper, we consider an inadequately deployed HeNB in an indoor environment. The HeNB is linked to a macrocell through a broadband Internet backhaul link. The femtocell works in close access mode, where only CSG users can subscribe the services of the femtocell. The access styles of HeNB plays an important role in dealing with the interference. The interference is much sever in the closed access mode. Therefore, we consider the CSG mode to take the worst interference scenario into account.

Figure 1 shows the interference scenario of inter-cell interference (ICI) between the elements of the primary and secondary systems. In this case, the downlink link transmission of HeNB is the source of interference to MUE existing in its close proximity. We adopted the 3GPP LTE-A pathloss model for urban deployment of the femtocell [31].

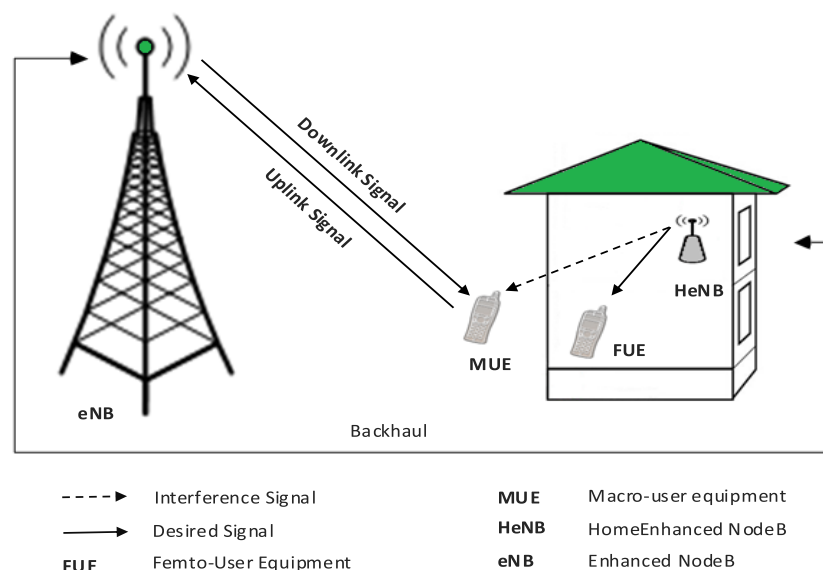


Figure 1. Interference scenario in HeNB and nearby macro and femto users.

3.1. Pathloss Model

The reduction of the power density of radio propagation from the Macro Base Station (MBS) to UE (indoor and outdoor) described in terms of pathloss calculated according to 3GPP LTE-Advanced pathloss model for urban deployments [32], which is given as.

$$PL_M(dB) = \begin{cases} 15.3 + 37.6 \log_{10}(R_1) + L_p & (\text{Indoor}) \\ 15.3 + 37.6 \log_{10}(R_1) & (\text{Outdoor}) \end{cases} \quad (1)$$

The PL_M denoted as pathloss from the macrocell to the User equipment, R_1 is the range from the MBS to UE whereas the L_p is the penetration loss through walls.

Similarly, the path loss from the femtocell to MUE and FUE existing in the close proximity (indoor and outdoor) can be calculated by using the path model as follows:

$$PL_F(dB) = \begin{cases} 38.46 + 20\log_{10}(R_2) & (\text{Indoor}) \\ \max(15.3 + 37.6\log_{10}(R_2), 38.46 + 20\log_{10}(R_2)) + L_p & (\text{Outdoor}) \end{cases} \quad (2)$$

The PL_F denoted as pathloss from the femtocell to the User Equipment. Similarly, the R_2 is the distance from HeNB to indoor and outdoor users.

3.2. Spectral Efficiency

In this paper, the spectral efficiency estimated by using Truncated Shannon Bound (TSB). The TBS has been used in 3GPP to optimally approximate the actual throughput by treating it as a function of SINR experienced by the user [32–34]. The spectral efficiency can be estimated as:

$$Thr_{TBS} = \begin{cases} Thr = 0 & \text{For } SINR < SINR_{min} \\ Thr = B_w \alpha \log_2(1 + SINR) & \text{For } SINR_{min} < SINR < SINR_{max} \\ Thr = Thr_{max} & \text{For } SINR > SINR_{max} \end{cases} \quad (3)$$

In (3), bandwidth is denoted by B_w , the lower limit of SINR denoted by $SINR_{min}$ (throughput is zero below $SINR_{min}$) and upper limit denoted by $SINR_{max}$ (equal to the throughput of highest coding rate/modulation), whereas α is used to match the link level performance.

4. Power Control Techniques

4.1. Power Control Technique Assisted by FUE

In a real scenario, the HeNB instructs all the FUE to measure the received signal power from the neighboring interferer BS and send a feedback report [35]. The HeNB utilize the received information from the FUE and make necessary adjustments in downlink transmission power. The FUE-assisted power control technique (FUEAPCT) can be expressed as:

$$P_{FUE_{Assisted}} = \max(P_{min}, \min(P_o, P_{max})) \quad (4)$$

In (4), P_{min} and P_{max} is the minimum and maximum transmission power of the femtocell.

$$P_o = P_{rFUE_i} + PL_{FBS \rightarrow FUE_i} + \epsilon_o \quad (5)$$

Here, P_{rFUE_i} is the received power at FUE_i , $PL_{FBS \rightarrow FUE_i}$ is the pathloss from the FBS to the FUE_i . ϵ_o is set to maintain the necessary QoS of femto users in (5).

4.2. Power Control Technique Assisted by MUE

The HeNB adjusts downlink transmission power based on the received information from the macro user through eNB backhaul, since there is no direct interface between MUE and the HeNB, the MUE sends measured information (interference message) to HeNB via the eNB backhaul. The HeNB utilizes the received information from the MUE to tune its downlink transmission power. The MUE-assisted power control Technique (MUEAPCT) can be illustrated as:

$$P_{MUE_{Assisted}} = \max(\min(\alpha P_{SINR} + \beta, P_{max}) P_{min}) \quad (6)$$

In (6), P_{SINR} define SINR between the macro user and the nearest femtocell, whereas α is a linear scalar that allows altering the slope of power control mapping curve, β is a parameter expressed in dB that can be used for altering the dynamic range of power control [35].

4.3. Range-Based Power Control Technique (RBPCT)

The Femtocell can adjust its downlink transmission power by considering the coverage area and the radius of both the macrocell and the femtocell; it also helps to maintain co tier-interference for inadequate deployment and dense femtocell networks [36]. The femtocell can dynamically tune its downlink transmission power by dividing the macrocell transmission power (P_M) over its coverage area ($X_M = \log_{10}(R_M)$) and femtocell coverage area ($x_{F_i} = \log_{10}(r_{F_i})$), we obtained Y as follows:

$$Y = \frac{P_M}{X_M} \quad (7)$$

In (7), the relationship between eNB downlink transmission power and its coverage area represented by Y . Consequently, it can be utilized to derive HeNB downlink power (P_i) as follows:

$$P_i = Y \times x_{F_i} \quad (8)$$

Using Equation (8), Femtocell can adjust its downlink transmission power.

5. Proposed Active Power Control Technique

Figure 1 shows the ICI scenario between the elements of the primary and the secondary system. The downlink transmission power of femtocell causes interference to the MUE that existing in its coverage area. In such condition, MUE starts the handover or cell re-selection process. Since the femtocell is working in closed access mode, the macro user cannot subscribe to the services of the femtocell. In order to deal with such a scenario, the MUE measures the interference level from the HeNB and sends an interference message (IM) to the femtocell based on the Interference Indication Function (IDF) [37]. The IDF determines whether the interference experienced by the macro user is higher or lower than the threshold interference level. The IDF can be expressed as.

$$I_i = P_i^i \psi_i (R_i)^{-\beta} \quad (9)$$

$$x_i = \begin{cases} 0, & I_i \leq I_{Threshold} \\ 1, & Otherwise \end{cases} \quad (10)$$

In (9), P_i^i is the transmit power of the femtocell F_i . ψ represents log-normal shadowing, whereas the path loss is given as $(R)^\beta$. The range from the interfered FBS to UE is denoted as R , whereas the path loss component for the indoor transmission is β . In (10), $I_{Threshold}$ is the interference threshold set for the macro user. The IDF determines whether the interference experienced by the macro user is higher than the threshold interference to maintain the desired QoS of the MUE or the interference is lower than the threshold level. Based on the IDF, the macro user decides to send the interference message (IM) including HeNB information to eNB. When the femtocell receives the IM from the macro user via eNB backhaul, it understands that the non-CSG user is getting interference from its downlink transmission.

In the first stage of the active power control technique, we introduced different power levels and time levels to tune the downlink power of the HeNB. The power levels (P_x , P_y and P_z) and time levels (TL_1 and TL_2) were used to reduce and enhance transmission power based on received IM. The APC technique activates when the femtocell receives an IM from the MUE, The femtocell then takes necessary measures to tune its downlink transmission power from P_x to P_y (reduces Δ_{down}). The time levels play an important role in the smooth tuning of HeNB transmission power. If the femtocell receives a new IM from the nearby MUE, it would not reduces its transmission power to

P_z level until the time level (TL_1) expires. Similarly, when HeNB has no IM and TL_1 expires, then the time level TL_2 starts and the transmission power level of the femtocell increases from P_z to P_y (Δ_{up}). The same procedure of reducing and increasing transmission power will be carried out based the HeNB receiving a new interference message. Figure 2 show the femtocell adjusts its transmission power to respond to the IM from the MUE under the active power control technique.

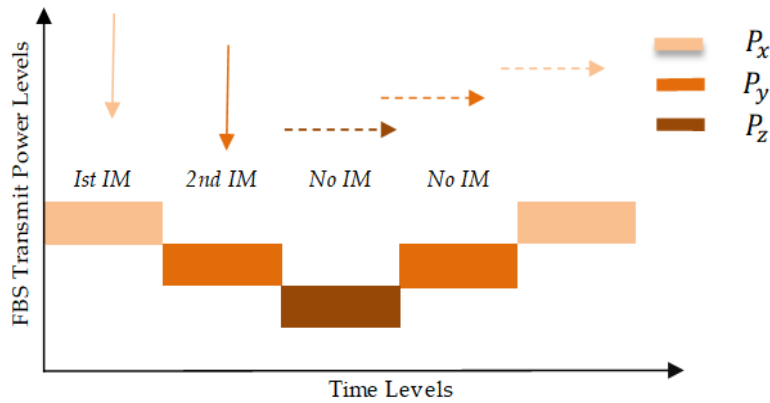


Figure 2. Femtocell transmit power tuning (P_x , P_y and P_z).

The femtocell updates its downlink transmission power based on IM using following formulas

$$P_t = P_x \quad \text{No Interference Message} \quad (11)$$

$$P_t = P_y = P_x - \Delta_{down} \quad \text{Interference Message \& } TL_1 \text{ starts} \quad (12)$$

$$P_t = P_z = P_y - \Delta_{down} \quad \text{New Interference Message \& } TL_1 \text{ running} \quad (13)$$

$$P_t = P_y = P_z + \Delta_{up} \quad \text{No Interference Message \& } TL_2 \text{ starts} \quad (14)$$

$$P_t = P_x = P_y + \Delta_{up} \quad \text{No Interference Message \& } TL_2 \text{ running} \quad (15)$$

The IDF only focuses on the interference level of MUE. In order to maintain the necessary QoS of the FUE, we used the QoS Indication Function (ζ) in the second step, which indicates the minimum required QoS of FUE. The QoS Indication Function can be expressed as follows:

$$\zeta = \frac{P_{ref} \Gamma_{FUE}}{\min RSRP_j} \quad (16)$$

In (16), Γ_{FUE} is the minimum required SINR for FUE. P_{ref} is the downlink reference signal transmit power of the HeNB. $\min RSRP_j$ is the Reference signal received power measured by the FUE_j .

Using the above-described statement, the femtocell then effectively tunes its downlink power as:

$$P_{APC} = \max(P_{min}, \min(\zeta P_t, P_{max})) \quad (17)$$

In (17), P_{max} and P_{min} are the maximum and minimum transmit power respectively.

Based on the aforementioned information, the received downlink SINR of the macro user equipment on PRB k ($k = 1, \dots, K$) can be calculated as:

$$SINR_{MUE}^k = \frac{P_M^k PL_M}{\sum_{i=1}^F x_i I_i + \sum_F P_{FAPC}^k PL_F + \sum_{M'} P_{M'}^k PL_{M'} + P_n} \quad (18)$$

In (18), P_M^k and PL_M are the transmit power and pathloss of the serving eNB respectively. P_{FAPC}^k is the transmit power of the interfering HeNB under the proposed power control scheme, whereas PL_F

is the pathloss from the interfering HeNB to UE. Similarly, $P_{M'}^k$ and $PL_{M'}$ are the transmits power and path loss of the interfering eNB to UE respectively. P_n is the thermal noise density.

The received SINR of the Femto user equipment using the same analysis can be expressed as

$$SINR_{FUE}^k = \frac{P_{FAPC}^k PL_F}{\sum_{i=1}^F x_i I_i + \sum_M P_M^k PL_M + \sum_{F'} P_{F'}^k PL_{F'} + P_n} \quad (19)$$

In (19), P_{FAPC}^k and $P_{F'}^k$ are the transmission power of the serving and interfering femtocell respectively. $PL_{F'}$ is the pathloss from the interfering HeNB to the UE.

Comparing with the existing techniques the proposed technique has the following advantages.

1. The Active Power Control Technique effectively reduces the inter-cell interference and optimize the throughput performance of the MUE.
2. The proposed technique not only reduces ICI to MUE but also maintains the QoS of FUE by considering the RSRP (Reference Signal Received Power) feedback from the Femto user to adjust its downlink transmission power.
3. The femtocell actively tunes its downlink power by using the power levels (P_x , P_y and P_z) and time levels (TL_1 and TL_2), Hence, the proposed APC approach reduce the unnecessary power consumption to achieve green femtocell network.
4. Compared with existing power control approaches, the proposed approach offers significantly better performance in terms of downlink throughput CDF of the macro user and the femto user, the average throughput, FBS Power consumption and the green impact and CO₂ emission.

The outlines of the proposed method are summarized in the Table 1.

Table 1. Active Power Control Approach.

Input	Interference Messages and FUE feedback report.
Output	Downlink Transmission Power tuning.
step 1	Using (10), the macro user decides to send IM including HeNB information to eNB.
step 2	HeNB instruct its users to send a feedback report. Based on the (16), which indicates the minimum required QoS, the FUE send the information to HeNB.
step 3	Based on the IM from the MUE and QoS indication report from the FUE, HeNB actively tune its downlink transmission power using (17)

6. Simulation Results and Discussion

We conducted extensive numerical experiments in MATLAB according to simulation assumptions and parameters used in 3GPP [38]. Table 2 shows a few summarized parameters. For simplicity, we have considered the widely used full buffer traffic model. It is characterized by the fact that the UE always has data to transmit or receive in the full buffer traffic model. The simulated interference scenario is shown in Figure 1. We assumed the dense urban deployed HeNB located in 25×25 house at the boundary of the centered eNB. The radius of eNB and HeNB is set to 500 m and 25 m, respectively. The eNB has a maximum transmitting power of 43 dBm. Similarly, the HeNB has 21 dBm and 0 dBm maximum and minimum transmitting power respectively. In this simulation, the close access mode is considered, which is the most favorite mode of indoor users, in which the CSG users enjoy higher data rate and capacity and non-CSG users are not allowed to use the femtocell services. The interference is severe in closed access mode as compared to other access modes.

Table 2. Simulation parameters.

Parameters	Assumptions
Carrier frequency (f)	2 GHz
Transmit power of macrocell (P_M)	43 dBm
HeNB Noise Figure	8 dB
Femtocell's Transmit Power (P_F)	$P_{max} = 21$ Bm and $P_{min} = 0$ dBm
Lognormal shadowing standard deviation for Femtocell	4 dB
Macrocell coverage Area (R_1)	500 m
Shadowing standard deviation for Macrocell	8 dB
Femtocell Coverage Area (R_2)	25 m
Exterior wall penetration loss	5 dB
Interior penetration loss (L_p)	15 dB
Thermal Noise Density (η)	-174 dBm/Hz
Bandwidth (B_w)	10 MHz
Macrocell antenna Gain	14 dBi
Access Mode	CSG
Interference threshold, $I_{Threshold}$	-72 dBm
Minimum separation UE to HeNB	0.2 m
Minimum separation UE to eNB	35 m
TL_1 and TL_2	200 ms
Δ_{up} and Δ_{down}	2 dB
Traffic Model	Full Buffer
Minimum required SINR for FUE (Γ_{FUE})	10 dB

In this paper, we conducted the simulation with “No Power Control or Fixed Power Control Technique (FPCT)” as baseline, where there is no power control technique activated in the femtocell, therefore, the femtocell transmits maximal power. It is a fact that high transmission power of HeNB provides better signal strength, good coverage to the femto users; conversely, the cell edge macro users receive interference from it. Therefore, the interference technique operating in the femtocell should provide a balanced trade-off between the throughput of macrocell and femtocell users.

In the following subsections, we evaluated the performance of proposed and existing power control techniques in-terms of downlink throughput distribution, average throughput distribution, FBS power consumption and green impact and CO₂ emission by conducting numerical experiments.

6.1. Analyzing Downlink Throughput Distribution

The simulation results in Figure 3 show that the downlink throughput distribution of macro users, which is also called non-CSG users in this case. The downlink throughput of macro user drops severely when there is no power control technique activated in the femtocell. However, the proposed active power control technique outperforms its counterparts. It can be seen from the Figure 3, the macro user achieve value of CDF of throughput 2.90 Mbps at 0.5 or 50% under the proposed APC technique, at the same point the FPCT, FUEAPCT, MUEAPCT and RBPCT achieve 2.60 Mbps, 2.73 Mbps, 2.77 Mbps and 2.71 Mbps receptively.

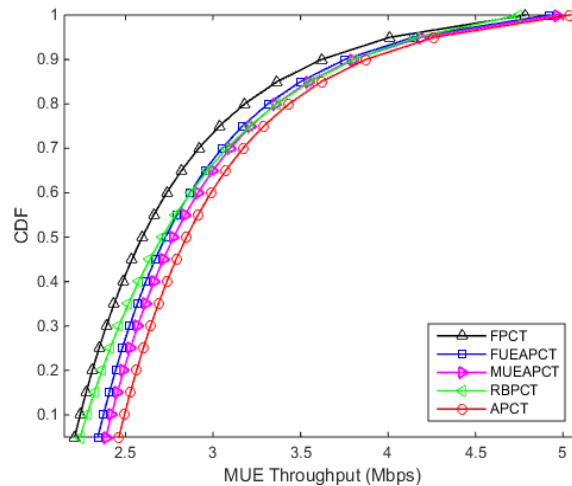


Figure 3. Downlink Throughput CDF of the Macrocell User.

Figure 4 shows the downlink CDF of the femto users. From the results, it can be seen that the proposed APC technique offers better performance except for “No Power control approach”. With no power control, the HeNB transmits maximal power. Therefore, the femto users enjoy higher throughput at the cost of MUE performance. It can be seen from Figure 4 that the femto user achieves value of CDF of throughput 16.17 Mbps at 0.5 or 50% under the proposed APC technique, at the same point the FPCT, FUEAPCT, MUEAPCT and RBPCT achieve 16.98 Mbps, 15.23 Mbps, 14.36 Mbps and 14.01 Mbps respectively.

From the Figures 3 and 4, we can easily see that the APC technique provide a balanced trade-off between the downlink throughput of macro users and femtocell users. In other words, this power control technique reduces the interference level to macro users while meeting the required QoS standard of the femto users.

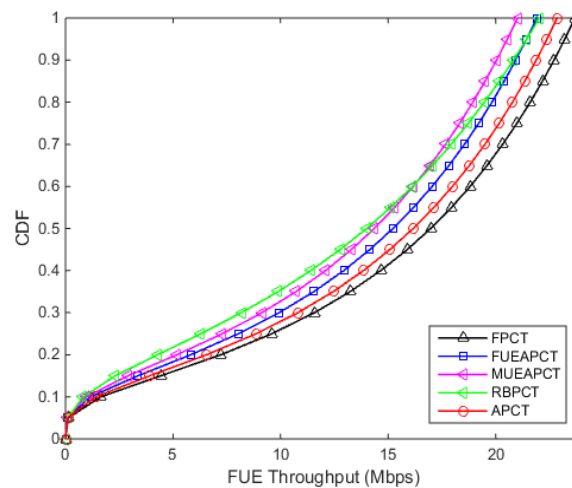


Figure 4. Downlink Throughput CDF of the Femtocell User.

6.2. Average Throughput

In this subsection, we presented a comparison graph of the average throughput of the MUE and FUE under FUE-assisted, MUE-assisted, range based power control technique and the proposed active power control technique in Figure 5. The graph indicates that the proposed power control provides a balanced trade-off between the performance of the femto user and the macro user.

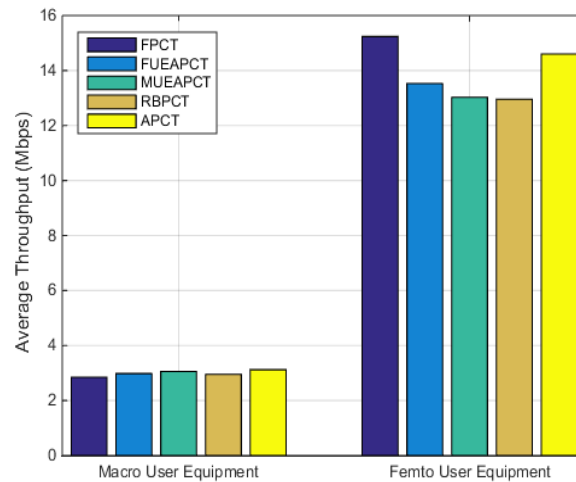


Figure 5. Average throughput under different power control approaches.

6.3. FBS Power Consumption

In Figure 6, we plot the FBS power consumption against the number of the active subscribers. In this scenario, the femtocell transmits under the aforementioned power control techniques in a radio-hostile environment. In order to carry out a candid comparison, the number of assigned resource blocks for a user were kept constant. We can see from Figure 6 that the proposed active power control technique outperforms its counterpart in reducing unnecessary power losses. Under the same scenario, the APC approach consumed 13.51% less power than the baseline. Whereas, the FUEAPCT, MUEAPCT and RBPCT, respectively, consumed 7.5%, 6.39% and 4.9% less power as compared to the baseline.

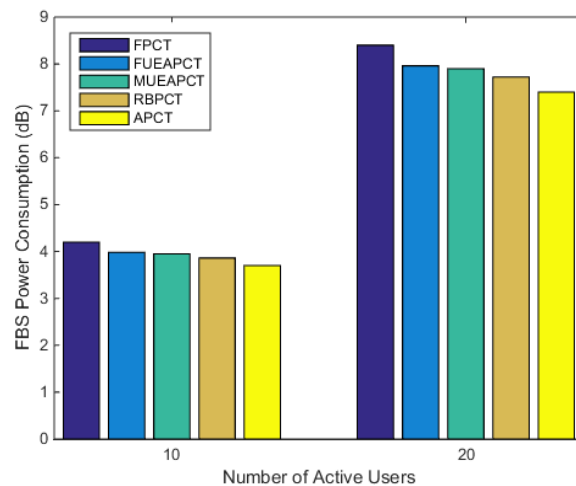


Figure 6. FBS Power Consumption Vs number of active subscribers.

6.4. Green Impact and CO₂ Emission

The CO₂ emission depends on the power supply in the base station. The important factor in the green impact and CO₂ emission is the conversion factor (c_f). The value of CO₂ emission conversion factor is different for the different energy sources [39]. The total CO₂ emission can be calculated as follows:

$$\text{CO}_2 \text{ Emission (kg)} = \text{Power (kWh)} \times c_f \quad (20)$$

Based on the statistics in [40], the power consumption of a full load HeNB is assumed to be 165.42 kWh/year. The author in [41], assumed a constant CO₂ emission conversion factor of 0.5 kg CO₂-e/kWh. Using the c_f , we can estimate that a full load HeNB under No Power control approach

emits 82.71 kg of CO₂ per year. Table 3, shows the estimated CO₂ saving per year for one femtocell deployed in the dense urban area. From the Table 3, we can see that the proposed active power control technique offer better performance compared to its counterpart by saving 11.17 kg of CO₂ emission per year.

Table 3. Green Impact Calculation and CO₂ Emission.

Power Control Techniques	Power Saving (%)	CO ₂ Saving (kg/year)
FUE Assisted Power Control Technique	7.5	6.20
MUE Assisted Power Control Technique	6.39	5.29
Range Based Power Control Technique	4.9	4.05
Proposed Active Power Control Technique	13.51	11.17

The aim of the proposed APC technique is not only reducing ICI to MUE in close proximity of the femtocell and maintaining necessary QoS of FUE, but also reduces the unnecessary power losses. Moreover, the APC techniques activate only when the femtocells receive an IM from the victim MUE. The IM originates on the basis of IDF when the interference from the femtocell to victim MUE is higher than that of threshold interference. Before tuning its downlink transmission, HeNB seeks for the RSRP feedback report from the femto user. On the basis of IM and feedback report, HeNB actively tunes its downlink transmission power, whereas in proactive technique, the HeNB does not take care of the existence of nearby victim MUE and it tunes its downlink transmission power based on RSRP (Reference Signal Received Power), therefore, the proposed APC reduces unnecessary power consumption. Although femtocells are low-powered base stations, these power savings are crucial for the green deployment of femtocells, especially for dense deployment of femtocells that would result in increasing the total network consumption as millions of femtocells are expected to be deployed in the next few years.

7. Conclusions

In this paper, we proposed an APC technique to scale down the ICI level in the macro user while maintaining the necessary QoS of the femto user. This type of interference is caused by the downlink transmission of inadequately deployed femtocell. The proposed APC technique activates when the macro user sends an IM based on IDF to HeNB through the backhaul link. The HeNB then seeks for the RSRP feedback report from the FUE. Based on the IM and the feedback report, HeNB actively tunes its downlink power using different power levels and time levels, therefore, it reduces unnecessary consumption of power by saving 13.51% with respect to the baseline. The analysis of the green impact and CO₂ emission show that the proposed APC technique saved 11.17 kg/year of CO₂ emission for one full load HeNB, which is higher than the existing power control techniques. The simulation results have demonstrated that the proposed APC technique effectively reduces the inter-cell interference (ICI) and optimizes the throughput performance of MUE. Compared with the power control techniques based on the objective Signal-to-Interference-plus-Noise-Ratio (SINR) of FUE, MUE-assisted power control technique and range based approach, the APC technique provides a balanced trade-off in attaining necessary Quality-of-Service (QoS) for FUE and mitigation of ICI to the nearby macro user.

Author Contributions: T.U.H. proposed the original idea, designed the experiments and wrote the paper under the supervision of F.G. All authors read and approved the final manuscript.

Funding: This work was supported by the National Natural Science Foundation of China under grant 61620106001.

Acknowledgments: The authors would like to thank all anonymous reviewers and editors for their helpful suggestions for the improvement of this paper.

Conflicts of Interest: The authors declare no conflict of interest.

References

1. Xu, Y.; Hu, Y.; Li, G. Robust Rate Maximization for Heterogeneous Wireless Networks under Channel Uncertainties. *Sensors* **2018**, *18*, 639. [[CrossRef](#)] [[PubMed](#)]
2. Wang, H.; Zhu, C.; Ding, Z. Femtocell Power Control for Interference Management Based on Macrolayer Feedback. *IEEE Trans. Veh. Technol.* **2016**, *65*, 5222–5236. [[CrossRef](#)]
3. Leanh, T.; Tran, N.H.; Lee, S.; Huh, E.N.; Han, Z.; Hong, C.S. Distributed Power and Channel Allocation for Cognitive Femtocell Network Using a Coalitional Game in Partition-Form Approach. *IEEE Trans. Veh. Technol.* **2017**, *66*, 3475–3490. [[CrossRef](#)]
4. Yuan, H.; Ma, J.; Yang, H.; Liu, Z.; Guan, X. Robust power allocation and price-based interference management in two-tier femtocell networks. In Proceedings of the Chinese Control Conference, Hangzhou, China, 28–30 July 2015; pp. 6483–6488.
5. Qutqut, M.H.; Al-Turjman, F.M.; Hassanein, H.S. MFW: Mobile femtocells utilizing WiFi: A data offloading framework for cellular networks using mobile femtocells. In Proceedings of the 2013 IEEE International Conference on Communications (ICC), Budapest, Hungary, 9–13 June 2013; pp. 6427–6431.
6. Chowdhury, M.Z.; Jang, Y.M.; Haas, Z.J. Network Evolution and QOS Provisioning For Integrated Femtocell/Macrocell Networks. *Int. J. Wirel. Mob. Netw.* **2010**, *2*, 1–16. [[CrossRef](#)]
7. Mar, J.; Chang, T.; Wang, Y. A Quadrilateral Geometry Classification Method and Device for Femtocell Positioning Networks. *Sensors* **2017**, *17*, 817. [[CrossRef](#)]
8. Bouras, C.; Diles, G.; Kokkinos, V.; Papazois, A. Femtocells coordination in future hybrid access deployments. In Proceedings of the 2014 11th International Symposium on Wireless Communications Systems (ISWCS), Barcelona, Spain, 26–29 August 2014; pp. 313–317.
9. Lee, Y.L.; Loo, J.; Chuah, T.C.; Dynamic Resource Management for LTE-Based Hybrid Access Femtocell Systems. *IEEE Syst. J.* **2018**, *12*, 959–970. [[CrossRef](#)]
10. Bao, N.K.; Joung, S.; Park, M. A new access mode for femtocells in 5G networks. In Proceedings of the 2015 International Conference on Information and Communication Technology Convergence (ICTC), Jeju, Korea, 28–30 October 2015; pp. 1368–1370.
11. de la Roche, G.; Valcarce, A.; Lopez-Perez, D.; Zhang, J. Access control mechanisms for femtocells. *IEEE Commun. Mag.* **2010**, *48*, 33–39. [[CrossRef](#)]
12. Mehta, M.; Rane, N.; Karandikar, A.; Imran, M.A.; Evans, B.G. A self-organized resource allocation scheme for heterogeneous macro-femto networks. *Wirel. Commun. Mob. Comput.* **2016**, *16*, 330–342. [[CrossRef](#)]
13. Al-Turjman, F. Small Cells in the Forthcoming 5G IoT: Traffic Modeling and Deployment Overview. *IEEE Commun. Surv. Tutor.* **2019**, *21*, 28–65. [[CrossRef](#)]
14. Lee, J.Y.; Bae, S.J.; Kwon, Y.M.; Chung, M.Y. Interference analysis for femtocell deployment in OFDMA systems based on fractional frequency reuse. *IEEE Commun. Lett.* **2011**, *15*, 425–427.
15. Patil, R.; Patane, R.D. Inter-cell Interference Mitigation Reduction in LTE Using Frequency Reuse Scheme. *Int. J. Sci. Res. Publ.* **2015**, *5*, 1–5.
16. CEET White Paper, Bell Labs and University of Melbourne (2013), The Power of Wireless Cloud: An Analysis of the Energy Consumption of Wireless Cloud–CEET. Available online: <https://ceet.unimelb.edu.au/publications/ceet-white-paper-wireless-cloud.pdf> (accessed on 28 April 2019).
17. Al-Turjman, F. Modeling Green Femtocells in Smart Grids. *Mob. Netw. Appl.* **2018**, *23*, 940–955. [[CrossRef](#)]
18. Tian, R.; Ma, L.; Wang, Z.; Tan, X. Cognitive Interference Alignment Schemes for IoT Oriented Heterogeneous Two-Tier Networks. *Sensors* **2018**, *18*, 2548. [[CrossRef](#)]
19. Al-Turjman, F. 5G-enabled devices and smart-spaces in social-IoT: An overview. *Future Gener. Comput. Syst.* **2019**, *92*, 732–744. [[CrossRef](#)]
20. Khan, F.H.; Choi, Y.J. Joint subcarrier and power allocations in OFDMA-based cognitive femtocell networks. In Proceedings of the APCC 2012—18th Asia-Pacific Conference Communication, Jeju, Korea, 15–17 October 2012; pp. 812–817.
21. Zahir, T.; Arshad, K.; Ko, Y.; Moessner, K. A downlink power control scheme for interference avoidance in femtocells. In Proceedings of the IWCMC 2011—7th International Wireless Communication Mobile Computation Conference, Istanbul, Turkey, 4–8 July 2011; pp. 1222–1226.
22. Su, X.; Liang, C.; Choi, D.; Choi, C. Power Allocation Scheme for Femto-to-Macro Downlink Interference Reduction for Smart Devices in Ambient Intelligence. *Mob. Inf. Syst.* **2016**, *2016*, 7172515. [[CrossRef](#)]

23. Sun, D.; Zhu, X.; Zeng, Z.; Wan, S. Downlink power control in cognitive femtocell networks. In Proceedings of the International Conference on Wireless Communications and Signal Processing, Nanjing, China, 9–11 November 2011; pp. 1–5.
24. Sharanya, R.; Gunasundari, R.; Jayanthi, K. Dynamic Power Tuning For Downlink Interference Mitigation In Heterogeneous LTE Network. *ARPN J. Eng. Appl. Sci.* **2015**, *10*, 1810–1814.
25. Wang, Z.; Xiong, W.; Dong, C.; Wang, J.; Li, S. A novel downlink power control scheme in LTE heterogeneous network. In Proceedings of the 2011 International Conference on Computational Problem-Solving (ICCP), Chengdu, China, 21–23 October 2011; pp. 24–245.
26. Tao, X.; Zhao, Z.; Li, R.; Palicot, J.; Zhang, H. Downlink interference minimization in cognitive LTE-femtocell networks. In Proceedings of the 2013 IEEE/CIC International Conference on Communications in China (ICCC), Xi'an, China, 12–14 August 2013; pp. 124–129.
27. de Lima, C.H.M.; Bennis, M.; Latva-aho, M. Coordination Mechanisms for Self-Organizing Femtocells in Two-Tier Coexistence Scenarios. *IEEE Trans. Wirel. Commun.* **2012**, *11*, 2212–2223. [[CrossRef](#)]
28. Saad, S.A.; Ismail, M.; Nordin, R.; Ahmed, A.U. A fractional path-loss compensation based power control technique for interference mitigation in LTE-A femtocell networks. *Phys. Commun.* **2016**, *21*, 1–9. [[CrossRef](#)]
29. Saad, H.; Mohamed, A.; ElBatt, T. Distributed Cooperative Q-Learning for Power Allocation in Cognitive Femtocell Networks. In Proceedings of the 2012 IEEE Vehicular Technology Conference (VTC Fall), Quebec City, QC, Canada, 3–6 September 2012; pp. 1–5.
30. Interference control for LTE Rel-9 HeNB cells. In Proceedings of the 3GPP TSG RAN WG4 #53 R4-094245, Jeju, Korea, 9–13 November 2009.
31. *Technical Specification Group Radio Access Network (E-UTRA); Further Advancements for E-UTRA Physical Layer Aspects (Release 9)*; 3GPP TR 36.814 V9.0.0 (2010-03); 3GPP: Sophia Antipolis, France, 2010.
32. *LTE Evolved Universal Terrestrial Radio Access (E-UTRA); Radio Frequency (RF) System Scenarios (3GPP TR 36.942 Version 11.0.0 Release 11)*; ETSI TR 136.942 V11.0.0 (2012-10); 3GPP: Sophia Antipolis, France, 2012.
33. Burr, A.; Papadogiannis, A.; Jiang, T. MIMO truncated Shannon bound for system level capacity evaluation of wireless networks. In Proceedings of the 2012 IEEE Wireless Communications and Networking Conference, Paris, France, 1 April 2012; pp. 268–272.
34. Zheng, Z.; Dowhuszko, A.A.; Hämäläinen, J. Interference management for LTE-Advanced Het-Nets: Stochastic scheduling approach in frequency domain. *Trans. Emerging Telecommun. Technol.* **2012**, *24*, 4–17. [[CrossRef](#)]
35. Further Discussion on HeNB Downlink Power Setting in HetNet. In Proceedings of the 3GPP TSG-RAN WG1 Meeting #63 R1-106009, Jacksonville, FL, USA, 15–19 November 2010.
36. Alotaibi, S.; Akl, R. Range-Based Scheme for Adjusting Transmission Power of Femtocell in Co-Channel Deployment. *Int. J. Interdisciplin. Telecommun. Netw.* **2018**, *10*, 14–24.
37. Hassan, T.U.; Gao, F.; Jalal, B.; Arif, S. Interference management in femtocells by the adaptive network sensing power control technique. *Future Internet* **2018**, *10*, 25. [[CrossRef](#)]
38. Simulation assumptions and parameters for FDD HeNB RF requirements. In Proceedings of the 3GPP TSG RAN WG4 (Radio) Meeting #51 R4-092042, San Francisco, CA, USA, 4–8 May 2009.
39. Piro, G.; Miozzo, M.; Forte, G.; Baldo, N.; Grieco, L.A.; Boggia, G.; Dini, P. HetNets Powered by Renewable Energy Sources: Sustainable Next-Generation Cellular Networks. *IEEE Internet Comput.* **2013**, *17*, 32–39. [[CrossRef](#)]
40. Auer, G.; Giannini, V.; Desset, C.; Godor, I.; Skillermark, P.; Olsson, M.; Imran, M.; Sabella, D.; Gonzalez, M.; Blume, O.; et al. How much energy is needed to run a wireless network? *IEEE Wirel. Commun.* **2011**, *18*, 40–49. [[CrossRef](#)]
41. Belkhir, L.; Elmelig, A. Assessing ICT global emissions footprint: Trends to 2040 & recommendations. *J. Clean. Prod.* **2018**, *177*, 448–463.

